

Injectable Amino Handbook and Guide: Information, Sourcing, Dosing, Benefits, Side Effects and More!

USE CODE BIOHACK AT CHECK OUT AT THE FOLLOWING WEBSITES

<https://modernaminos.com/>

<https://aminoasylum.shop/>

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What Are Injectable Amino Acids

Injectable Amino Acid Blends are a new product that has taken the research chemical world by storm.

Injectable Amino Blends are exactly as they sound. Taking amino acids that are typically taken orally and making them into injectable blends.

Many popular pre-workouts and dietary supplements are made up of various amino acids to help you perform better in the gym, give you amazing pumps, help you sleep, and do just about everything else.

There was one issue though. They were limited by their oral delivery methods.

Injectable Amino Acid Blends help to unlock the true power of these amino acids and the results were astonishing.

Of course when a drug becomes injectable it changes how the drug interacts in the body.

Here are a few important reasons why injecting these amino acids make them behave different then taking them orally

Injectable Drugs: Why They Are Stronger

1. Bioavailability

Definition: Bioavailability refers to the proportion of a drug that enters the bloodstream when introduced into the body and is available for therapeutic effect.

Oral vs. Injectable: Oral medications undergo first-pass metabolism in the liver, reducing their bioavailability. Injectables bypass the gastrointestinal tract and liver initially, leading to higher bioavailability. This means more of the active drug reaches the systemic circulation directly.

2. Absorption Rate

Oral Administration: Drugs taken orally must dissolve in the stomach and be absorbed through the intestinal lining, a process that can be slow and variable.

Injectable Administration: Injection delivers the drug directly into the bloodstream (intravenous) or muscle tissue (intramuscular), allowing for rapid and consistent absorption.

3. Onset of Action

Speed: Injectable drugs act faster than oral medications because they are directly available in the blood. This rapid onset can be crucial for drugs needed in acute or emergency situations.

Consistency: The rapid onset ensures a more predictable therapeutic effect, which can be essential for maintaining drug efficacy.

4. Dose Precision

Oral Doses: With oral administration, the dose that reaches the bloodstream can be affected by various factors, such as food interactions, stomach pH, and digestive enzymes.

Injectable Doses: Injectable forms deliver precise doses with minimal loss, ensuring the intended amount of drug is available for therapeutic action.

5. Avoiding Degradation

Oral Degradation: Some drugs can be broken down by stomach acid or enzymes in the digestive tract, reducing their effectiveness.

Injectable Stability: By bypassing the digestive system, injectable drugs avoid this degradation, maintaining their potency and ensuring the active ingredient is fully available.

6. Controlled Release

Injectable Formulations: Some injectable drugs are designed for controlled or sustained release, providing a steady therapeutic effect over a longer period without the peaks and troughs associated with oral dosing.

As someone who has used tons of amino acids orally I was legitimately blown away when I injected them.

Previous amino acids that I thought were bunk or ineffective now became extremely effective when I used their injectable counterpart.

What Are the Different Types of Injectable Amino Acids?

With so many injectable amino acid blends on the market there is likely an amino acid blend that can help you to reach your goals!

Here are a few of the most popular categories and some of the best blends that fit into those categories.

Sleep Aids

Many injectable Amino Acid Blends can be used before bed to help aid in sleep and relaxation. When using these the user can expect deeper and more restful sleep along with less stressful and anxious thoughts.

These blends typically contain things like GABA, Melatonin, and L-theanine.

An example of this would be Modern Aminos Lights Out product which can be found [here](#)

Pre Workouts

Injectable Aminos can also make for some insane pre workouts. The workouts you will have on these is unlike anything at all.

Some oral steroids do not even match the immediate power, performance, and pump you will get from using these blends.

The other gym goers will not be able to stop staring at your insane pump.

After trying out some of these blends you will be throwing your old pre workout formulas in the trash.

Typically Examples of Pre Workout Amino Blends are...

[Zeus Juice from Modern Aminos](#)

[Mass Monster Amino Asylum](#)

[Minotaur from Kimera Chems](#)

Health Blends

There are many detox and health amino acid blends on the market as well. These can be crucial at helping you correct and improve your health significantly.

These blends often feature things like glutathione, Vitamin C, nac, glycine, and other key ingredients to optimize your health.

Some of the best Health Blends are

[Asclepius from Kimera Chems](#)
[Life Support from Amino Asylum](#)

Cosmetic Blends

Cosmetic Blends are typically blends that feature ingredients like Niacinamide Inositol, Biotin, and other ingredients.

They typically support processes in the body like better hair growth and healthier skin. Cosmetic blends can be huge in improving your hair, skin, and nail health.

Some of the best Cosmetic Blends are

[Athena from Kimera Chems](#)
[Glow Up From Modern Aminos](#)
[Hair Skin and Nail Blends from Amino Asylum](#)

Joint Blends

Joint Blends are constructed to help support healthy joints and tendons.

Injectable Amino Acids blends for Joints can be crucial at helping to heal and prevent further injuries.

Typical Injectable Amino Acids blends for the joints contain ingredients like MSM, glucosamine, and other joint protecting ingredients.

The Top Joint Blends are

[Joints of Steel From Modern Aminos](#)

[Joint Support from Amino Asylum](#)

[Medusa From Kimera Chems](#)

Weight Loss Blends

Amino Acid blends can help contribute to weight loss through a variety of pathways and vectors.

Everything from increasing metabolism, to increasing endurance capacity, to promoting lipolysis, the fat loss that you can experience from these blends is nothing short of insane.

The Top Weight Loss Blends Are

[The Super Shredder from Amino Asylum](#)

[Carved from Modern Aminos](#)

Are Injectable Amino Blends Safe

This is a common question that is received regarding Amino Acids blends is the safety of them. There are two important ways to look at these questions.

1. The ingredients
2. The Injection Process

Many of the ingredients that are in these injectable formulas are perfectly safe to use. The only exception being that you can overdo it on some of the vitamins so it is essential that you pull bloodwork to make sure you are not getting too much of one vitamin.

The other angle to consider is that these have to be injected. Injections by nature are not dangerous, but if you do not follow proper injection procedures then you may face injury or infection.

Below we will dive into how to safely use Amino Acid Blends.

How to Safely Use Amino Acid Blends

Safely using Injectable Amino Acids begins with choosing one that comes from a reputable source. To read more about what sources that I recommend personally you can read all about them in the “Best Sources Section”.

By choosing a reputable source you will greatly reduce your risk of things like infection or significant post injection pain.

Once you have chosen your reliable source then you need to ensure that you are practicing safe injection techniques.

Good injection techniques are as follows.

1. Research the area before injecting. Typically the best spots are the ventrogluteal and the deltoids as they are the most commonly used in the medical literature due to their safety and lack of nerves
2. Maintain a sanitary injection environment and properly clean the area and your hands before injecting with alcohol.
3. Properly clean the area and dispose of the needle after you finish injecting.

For more resources on properly pinning I highly recommend viewing these videos.

<https://youtu.be/Dzdf2YfOuQw?feature=shared>

The other question I often am asked is what is the best needle to use to pin these.

Oftentimes I recommend using a 29 gauge half inch insulin syringe.

While you technically can pin these blends subq into belly fat, I highly recommend pinning them as a deep intramuscular shot.

Oftentimes when I tried to pin these blends subq they left tons of PIP and lumping. I always found more success using them as an IM shot.

Individual Amino Acid Blend Breakdown

In this section we will dive into how to properly use some of the most popular Amino Acid Blends from each company and their benefits, side effects, how to use them and more!

Amino Asylums Top Amino Blends

In this section we will dive into Amino Asylums top selling blends and how to use them!

1. Stampede

Link: <https://aminoasylum.shop/product/stampede/>

What Is It?

Stampede is an appropriate name for this beast of a blend.

Featuring 400mg of Carnitine, 40mg of ATP, and 5mg of Amp per ml you will have some of the most intense pumps and performance during the workout when using this product

Benefits

I hope I am not underplaying these benefits. Can let me tell you they are all amazing. When I say amazing pumps, and endurance, and just everything I mean it!

- Better endurance
- Better stamina
- Better pumps
- Better fat loss
- Insane fullness
- Improved mental drive

Side Effects:

This is pretty easy on the side effects. Some people get shortness of breath from the AMP which can be scary but it is temporary.

PIP from the carnitine is also a problem for some, but for most not bad enough to not use the product.

Dosing/How to Use:

I really like this at about .5ml-1ml pinned bilaterally about 30-45 minutes before your workout or cardio session.

Whether it is the gym, cardio, or a sports game stampede will help to give an insane performance boost.

2. Mass Monster Blend

Link: <https://aminoasylum.shop/product/mass-monster-blend-570-mg/>

What Is It?

Mass Monster Blend is a super powerful pre workout pump and performance booster.

I kid you not when you use this you will have a skin splitting pump even on low carbs or deep into a deficit.

It features per ml

L-Arginine: 100mg
L-Citrulline: 100mg
L-Ornithine: 100mg
L-Glutamine: 100mg
L-glycine: 50mg
L-Lysine: 50mg
BCAA 2:1:1: 5mg
Taurine 50mg

It also features ingredients for muscle building and recovery with EAAs, taurine, and ornithine.

Benefits

The benefits of Mass Monster are as followed

- Insane Pumps (yes as good as cialis and anadrol I kid you not)
- Better recovery
- All Day Fullness
- Better Muscular Endurance and Power output in the gym

Side Effects

- Side effects are limited to injection pain; these are all very safe ingredients.

Dosing/How to Use:

I recommended starting using a half an ml pinned bilaterally in each body part you are training for the day.

You can work your way up to a full ML per body part but I do warn you this product can cause some insanely painful pumps.

I also recommend using about 30 minutes to an hour before the gym.

3. Super Shredder

Link: <https://aminoasylum.shop/product/super-shredder/>

What Is It?

The super shredder is like a combination of performance enhancing ingredients, rocket fuel, and powerful fat burning ingredients for a powerhouse of a product. To read about each of these individually you can go to the other sections in the ebook.

It features in 1 ml

- 400mg of L-Carnitine
- 100mg MIC blend
- 50mg ATP
- 2mg Albuterol
- B12 1mg

Benefits

Benefits Include

- Increased working capacity
- Increased fat loss
- Increased energy production
- Increased Mental focus and drive
- Increased pumps in the gym
- Increased endurance

Side Effects:

- High heart rate
- Injection Pain
- Mild Anxiety (for some)

Dosing/How to Use:

The beauty of this product is that due to the short half life of albuterol you won't have to deal with the long lasting effects of clenbuterol. Meaning that you won't have to be stimulated all day.

This product is so unique and versatile that it can be used as a preworkout due to the ATP, MIC,

and carnitine. It will help to improve your pump in the gym, endurance, and overall workout. I kid you not you will feel like you can workout all day.

The next way to use this is before fasting cardio. Due to the lipolytic effects of these products, and the beta 2 receptor agonism it will burn tons of fat. Pair it with fasted cardio and you will have some of the best fat loss of your life.

I highly recommend starting with .25ml to assess your tolerance. It is extremely powerful so you can slowly work your way up to 1ml to avoid any unwanted side effects. I recommend pinning IM and not sub q

4. Relax Blend AM

Link: <https://aminoasylum.shop/product/relax-blend-am/>

What Is It?

Relax Blend AM features per ml

GABA 100mg
Arginine 100 mg
Magnesium Glycinate 100mg
Theanine 50mg
Taurine 50mg
Glutamine 25mg

This blend provides amazing relaxation, but not too much to the point of where you will be walking around asleep all day.

It also can act as an amazing morning recovery aid. Whether it be a night of drinking or a hard workout, relaxation can be used effectively to help cure your worst days. Mentally and Physically you will feel rejuvenated.,

Benefits

There are tons of benefits to discuss when talking about this product. Like I said above both mentally and physically you will feel refreshed and rejuvenated.

It has ingredients like Taurine aid Glutamine which have been shown to help recover the body physically.

And then nootropics like Theanine and GABA to help clear your racing mind in the morning.

The biggest benefits are relaxation and recovery. Especially if you have a racing mind. You can also use this before a job interview or a date to help calm yourself down.

Side Effects:

Some may feel lethargic when using this. You also must pay attention to what other drugs and nootropics you are taking when using this so you do not get any unfavorable reactions.

Dosing/How to Use:

There are a lot of ways to use this product.

You can pair it with your morning cup of coffee in the morning to relieve some jitters and anxiety.

It can be used as a general anxiety supplement during the day as it should not cause excessive drowsiness.

It can also be used before something like a first date, job interview, or just stressful situation to help you mentally perform your best.

I really like starting with just a .25ml IM this product is super potent so be careful not to use too much and knock yourself out. From there I worked up to a full ml. I found my sweet spot is likely .5-.75ml I am relaxed, but not overly sedated.

5. Joint Support

Link: <https://aminoasylum.shop/product/joint-support/>

What Is It?

Joint Support is one of the most powerful joint boosting supplements and one of the first injectable ones ever. It will truly give you steel joints that can withstand the intensity that comes with lifting weights

It features per ml

100mg of NAC

100mg Proline

50mg Histidine

50mg Glycine

50mg Lysine

25mg Valine

25mg BCAA

This is truly one of the greatest joint and body protective blends ever made.

Benefits

Benefits of this include

- Improved strength
- Less Injuries
- Improved Recovery and Muscle Growth
- Stronger Joints
- Improved Joint mobility

Side Effects:

Some users do get some post injection pain when using this but other than that the ingredient profile is amazingly clean.

Dosing/How to Use:

With this you can start at around .5ml and work up to a full ml if needed.

Some users pin this bilaterally into the muscle they are training or if they are going for a bench PR will pin near their shoulders to help improve joint strength locally. While I have not confirmed that this is more effective, some swear by it.

Many people use this as a daily supplement or as part of an injury recovery course with BPC-157 and TB500 it plugs in super well with them to help not only play a preventative role for injuries, but help to heal them also .

Modern Aminos Top Injectable Amino Acid Blends

In this next section we will dive into the top blends from the company Modern Aminos.

1. Zeus Juice Juice

Link: <https://modernaminos.com/product/zeus-juice/>

What Is It?

Zeus Juice is one of the most potent injectable amino acid blends on the market. Per ML it has....

- L-Arginine 110mg/ml
- L-Citrulline 120mg/ml
- L-Glutamine 40mg/ml
- L-Taurine 60mg/ml
- L-Ornithine 110mg/ml
- L-Lysine 70mg/ml
- L-Proline 60mg/ml
- L-Carnitine 220mg/ml
- N-Acetylcysteine (NAC) 75mg/ml

Benefits

The benefits of Zeus Juice are as followed

- Insane Pumps
- Increased Muscular Endurance in the Gym
- Increased Vascularity
- Improved Fat Loss
- Improved Liver values

Side Effects

There are minimal side effects associated with this product.

The one thing I will say is that it does carry with it some strong post injection pain this is simply because of how loaded up this amino acid blend is.

Dosing/ How to Use

I would start with a half ml pinned bilaterally into the muscle you are training about 45 minutes before your workout. You can work up to a higher dosage but be cautious as sometimes the pump can be too extreme and interfere with the workout.

This blend shines during cuts and bulks and pairs extremely well with cialis and other pre workout androgens. You will be amazed at the pump you get when you use even while in a steep caloric deficit.

2. Carved

Link: <https://modernaminos.com/product/carved-20ml/>

What Is It?

Carved is one of Modern Aminos best injectable Amino Acid fat burners it contains

- L-Methionine 25mg/ml
- L-Inositol 50mg/ml
- L-Choline 50mg/ml
- L-Carnitine 300mg/ml
- Vitamin B12 1000mcg/ml
- Vitamin B6 50mg/ml
- Nicotinamide Adenine Dinucleotide (NADH) 50mg/ml
-

Benefits

The benefits of this are as follows

- Increased Energy
- Increased Motivation
- Increased Metabolism
- Increased Weight Loss
- Improved Skin and Hair Health
- Improved Focus

Side Effects

There are not many side effects to this compound, but it should be noted that by using it regularly you will be using a lot of Vitamin B12 and B6 ensure to test these levels to make sure you are not using too much.

Some people do get a slight increase in heart rate and blood pressure from using this but it is typically fairly minimal about what you would get from a cup of coffee.

Dosing/ How to Use

I recommend using around a half ml of this before fasted cardio. You can work up to a full ML if you tolerate a half well.

I would pin this IM about 30 minutes before fasted cardio. It tends to pair super well with an Ephedrine or Yohimbine to boost fat loss even more.

3. Glow Up

Link: <https://modernaminos.com/product/glow-up-20ml/>

What Is It?

Glow Up is a blend of vitamins and amino acids that are designed to help improve hair, skin, and nail health. Users of glow up have reported significant improvement in their overall complexion when using this product.

Each 20ml vial contains:

B vitamins

- Vitamin B2 Riboflavin 100mg/ml
- Vitamin B3 Niacin 5mg/ml
- Vitamin B3 Niacinamide 50mg/ml
- Vitamin B5 Pantothenic Acid 25mg/ml
- Vitamin B9 Folic Acid 100mcg/ml
- Thiamine 50mg/ml
- Biotin 100mcg/ml

Amino Acids

- L-Choline 10mg/ml
- L-Inositol 10mg/ml

Benefits

The benefits of glow up are as followed

- Improved hair growth and thickness
- Improved skin health and complexion
- Improved Nail Health
- Improved Energy Levels

Side Effects

The side effects are a bit of post injection pain and the potential for some vitamin B toxicity. Make sure to pay attention to your Vitamin B levels on your bloodwork to ensure they are not getting too high.

Dosing/ How to Use

You can pair this with all of your favorite topical skin care products for some amazing results.

I would use about .5-1ml of this stuff morning or night everyday to improve skin complexion and hair growth.

4. Lights Out

Link: <https://modernaminos.com/product/lights-out-20ml/>

What Is It?

Lights Out from Modern Aminos is your ultimate cure to insomnia and late night overthinking and stress.

It contains a blend of amino acids and melatonin designed to give you an amazing nights sleep

- Gamma-aminobutyric acid (GABA) 100mg/ml
- L-Histidine 100mg/ml

- L-Theanine 50mg/ml
- Taurine 100mg/ml
- Melatonin 2mg/ml

Benefits

The benefits of lights out are as follows

- Deeper Sleep
- Decreased Anxiety
- Decreased Inflammation
- Improved Muscular Recovery
- Improved Ability to get to sleep faster.

Side Effects

The side effects that many people get is some shortness of breath when pinning the product. This is likely due to the GABA in the product.

Dosing/ How to Use

Many people get shortness of breath from this product. For this reason I recommend starting at .25mls and slowly working up to a full ML before bed.

I would pin this IM about 30 minutes before bed. Do not drive or operate heavy machinery after using this product as it will make you extremely tired.

5. Focus

Link: <https://modernaminos.com/product/focus-20ml/>

What Is It?

Focus is a blend of

- L-Carnitine 100mg/ml

- Acetyl-L-Carnitine 100mg/ml
- Carnosine 100mg/ml
- Choline 100mg/ml

This product is amazing for using before the gym or before an athletic event and is also great for helping to improve focus and concentration.

What is cool about this product is that I can use it before an exam and or before a mountain bike ride and still yield amazing results.

Benefits

The benefits are as follows

- Improved Endurance
- Improved Power Output
- Better Athletic Performance
- Better Mind to Muscle Connection
- Better Focus
- Better Fat Loss

Side Effects

There are not many side effects to this product other than a bit of PIP when pinning it.

Dosing/ How to Use

I would recommend using 1-2 mls of this 30-45 minutes before a workout, athletic competition, or before a test or a situation where you will need mental focus and acuity.

Top Amino Acid Blends from Kimera

The top Amino Acid blends from Kimera Chems, how to use them and more!

1. Hercules (Metabolism)

Link: <https://kimerachems.co/product/hercules-metabolism/>

What Is It?

Hercules is a powerful blend that features....

- L-Arginine-110mg
- L-Citruline-120mg
- L-Glutamine-40mg
- L-Taurine-60mg
- NAC 75mg
- L-Ornithine-110mg
- L-Lysine-70mg
- L-Proline 60mg
- L-Carnitine 220mg

Hercules is a powerful pre workout and metabolic formula, that can be huge in having some insane workouts.

Benefits

The benefits are as follows

- Improved Pumps
- Improved Fat Loss
- Improved Recovery
- Improved Vascularity
- Decreased Anxiety

Side Effects

This product does carry with it some minor pimp, but other than that there are no side effects associated with it.

Dosing/ How to Use

I would pin this starting at .5ml bilaterally 30-45 minutes before your workout.

You can work up to a higher dosage, but make sure that you do not over do as some have reported the pumps becoming too intense.

2. Minotaur Power

Link: <https://kimerachems.co/product/minotaur-power/>

What Is It?

This blend has an amazing combination of ingredients for focus, mental drive, and pumps.

It features...

- TMG 30mg
- CDP CHOLINE (citicoline) 45mg
- Arginine 200mg
- NALT 35mg
- Norvaline 35mg
- Lysine 50mg
- Citrulline 50 mg

Benefits

This product features with it so amazing benefits including

- Increased Mental Drive
- Increased Motivation
- Increased Focused
- Increased Fullness
- Improved Vascularity
- Improved Mind to Muscle Connection.

Side Effects

This product does not have too many side effects but like the others does have a bit of PIP.

I would say to be cautious using too much as you do not want too much dopamine from the NALT as it might be overly stimulating.

Dosing/ How to Use

This product can be used in two ways.

1. Before the gym: When using before the gym I would use .5ml-1ml pinned bilaterally into the muscle group you are training. I would take it 30-45 minutes pre workout.
2. If Using As A Nootropic: As a nootropic I would pin 1-1.5mls about 30-45 minutes before you need your mental boost.

3. Medusa (Joint Support)

Link: <https://kimerachems.co/product/medusa-joint-support/>

What is It?

This is the premier joint support blend sold at Kimera Chems and one that is truly amazing for helping promote healing and recovery of your worst and most nagging injuries.

Per 1 ml it features

- N-Acetyl-D-Glucosamine 150mg
- Chondroitin Sulfate 40mg
- MSM 40mg

Benefits

The benefits of this formula are as follows

- Improved Joint health
- Improved Injury Recovery
- Improved Recovery from workouts
- Improved Tendon Health
- Decreased Inflammation

Side Effects

There are not many side effects associated with this product. The worst being a slight bit of post injection pain.

Dosing/ How to Use

I would use this at about 1ml for about 4-6 weeks until the injury has improved. As a maintenance dosage you can use it at around .5mls daily at a maintenance dosage. The dosing timing is not important, it can be taken day or night.

4. Centaur (recovery)

Link: <https://kimerachems.co/product/centaur-recovery/>

What Is It?

Centaur is a recovery formula from Kimera Chems. It features

- L-Arginine-110mg/ml
- L-Ornithine-120mg/ml
- L-Glycine-60mg/ml
- L-Taurine-100mg/ml
- L-Citrulline-110mg/ml
- L-Glutamine-110mg/ml
- L-Lysine-80mg/ml
- BCAA 2:1:1 150mg/ml

This product is amazing for pumps, workout performance, and for increased muscular recovery.

Benefits

The benefits of this product are as follows

- Improved Recovery
- Improved Muscle Building
- Improved Pumps in the gym
- Improved workout performance
- Decreased anxiety

Side Effects

There are really no negative side effects with using this product. I would recommend to be mindful of the fact that there may be some PIP when using the product.

Dosing/ How to Use

I like to split up my dosing. I like to use a half ML before the workout and then a half ML after the workout. Before the workout to boost performance and after the workout to help with recovery.

I do like to work up to an ML pre and post workout to really my training.

Top Amino Acid Blends from Better Through Biology

Here are the top blends from Better Through Biology.

1. Iridescence

Link

<https://www.betterthroughbiology.com/shop/p/iridescence>

What Is It?

Iridescence as an amazing ground breaking blend that contains.

Key Components of Iridescence:

- Bicarbonate (7mg)
- Dimethylglycine (50mg)
- Phosphocreatine (50mg)
- Carnitine (75mg)
- Citicoline (125mg)
- ATP (10mg)

Benefits

The benefits of Iridescence are as follows

- Lactic Acid buffering
- Enhanced Oxygen Utilization
- Increased ATP production which means more energy
- Improved fat metabolism
- Increased Focus

Side Effects

There are minimal side effects except for slight PIP with this product!

Dosing/ How to Use

Iridescence is one of the most potent products for all athletes to help to boost strength, power performance, endurance, and just about every part of your athletic functions.

I would start by using 1-2 mls of this about 30-45 minutes before you competition.

This can be used by anyone including powerlifters, basketball players, football players, strongmen, etc. If you are an athlete this blend is for you!

2. Nectar 3:2

Link

<https://www.betterthroughbiology.com/shop/p/nectar-32>

What is It?

Nectar 3:2 contains

- 300mg Carnitine
- 200 mg Citicoline

Per 1 ml

Nectar is an extremely versatile product that can be great for everyone looking for a little boost in their life.

Benefits

The benefits of Nectar are as follows

- Improved fat metabolism
- Improved Focus
- Improved Energy
- Improved Endurance
- Improved Power Output
- Improved Muscular Endurance in the gym

Side Effects

The side effects are very minimal with this compound. The main one being a bit of post injection pain after using.

Dosing/ How to Use

I think this compound works best at 1-2mls per day everyday. Some people use it at an even higher dosage but I think that is a good range.

I would also recommend using this about 30-45 minutes before a workout or before an event where you need increased mental capacity.

Best Sources for Injectable Amino Acids

When it comes to Injectable Amino Acid Blends there tends to be 4 main brands that are really at the top of their game.

Due to these Amino Acids needing to be injected there is a higher burden for the products to be produced in a way that is of the utmost quality.

When a product is injected it skips the body's normal filtration systems like the liver and kidneys and enters straight into the blood.

While this makes the amino acids more effective it also raises the risk of things like infections.

If an Amino Acid Blend is produced improperly and or in unsanitary environments then there is a high chance that you will get horrific post injection pain and or a nasty infection.

Save yourself the pain and a trip to the ER by only buying through these trusted brands that pride themselves on properly producing these Amino Acid Blends. Again these blends are extremely tricky to make and should not be entrusted to be properly produced by just anyone.

Brand #1 Modern Aminos

Link: <https://modernaminos.com/>

Discount Code: biohack

Brand #2 Amino Asylum

Link: <https://aminoasylum.shop/>

Discount Code: biohack

Brand #3 Kimera Chems

Link: <https://kimerachems.co/shop/>

Brand #4 Better Through Biology

Link: <https://www.betterthroughbiology.com/shop>

Injectable Amino Acid Q&A

Q: Best needle for pinning Amino Acids

A: 29 gauge half inch insulin syringe

Q: Do pinning Amino Acids hurt?

A: Typically Blends with more ingredients have more PIP with them, but for the most part many amino acid blends are painless.

Q: Am I still natural if I use Amino Acid?

A: Yes! Amino acid blends contain the same ingredients as your pre workouts, sleep aids, and other over the counter supplements.

Q: Can I stack Amino Blends?

A: Yes many amino acid blends can be stacked and are actually synergistic together.

Q: Can these be pinned Subq

A: I would recommend pinning these intramuscularly, SUBQ tends to be very likely to lump.

Q: Are Injectable Aminos Better than Oral Supplements?

A: Yes, by injecting them they tend to become more effective and work better.

Conclusion

Injectable Amino Acid blends are truly groundbreaking in the world of Biohacking. They essentially help to unlock the true power of some of these natural supplements and amino acids that many people found to be underwhelming before.

After reading this guide you will have an amazing grasp on some of the most popular Amino Acids, where to find them and how to use them properly.